

CALL FOR PARTICIPANTS**“Europe à Table (EAT)”****(Sustainable food)**

Key Action 1 Erasmus +: Mobility of Youth Workers

Training Course in France (Serre-Chevalier)**DATES****From 25 of June to 03 of July 2023 (travel days included)****LOCATION : Hostel of Serre-Chevalier, Hautes-Alpes region (France)**

Located in the heart of the small village of Bez, in a mountainous area, the Hostel of Serre-Chevalier advocates a sustainable and solidarity-based tourism in a durable and eco-responsible development approach.

The establishment is very active in the creation of local partnerships in line with its values of intercultural openness and international exchanges. It's been campaigning with a group of non-

profit organizations and non-governmental organizations (NGOs) in order to open a reception center for asylum seekers near the Hostel. They also created a permaculture garden on unexploited land in front of the hostel.

You will be accommodated at the Youth Hostel, in rooms of 3 or 4 beds with individual beds (remember to bring your sleeping bag). Sanitary facilities and showers will be in the rooms or on the landing.

Meals will be partly served by the Hostel's team, and partly prepared par the group itself. The group will have rooms at their disposal for the training's activities. The outdoor areas will also be used for some group activities.

Some excursions may be organized during the week to discover the beautiful surroundings. Website of the Hostel for more informations : <https://www.hifrance.org/auberges-de-jeunesse/serre-chevalier/>



PARTICIPATING COUNTRIES

France, Croatia, Germany, Greece, Italy, Poland, Portugal

PARTICIPANTS

21 participants ; 3 participants from each participating country

Plus 3 french trainers from Concordia (experienced youth workers).

Groups of participants from each country should be gender balanced if possible.

Target group : Youth workers/youth leaders/volunteers mentors from 18 years old involved and/or interested in youth work. Interested in developing their skills and knowledge in the area of food and sustainability. We want to include participants with fewer opportunities.

Good knowledge of English language would be useful to be able to actively participate to the training course.

LANGUAGE : English

BACKGROUND OF THE PROJECT

Concordia is an organization of non-formal education, which promotes intercultural exchanges. Our traditional activity is the organisation of international workcamps, and one of its main goals is to allow participants to get open-minded and develop non-formal skills such as autonomy and self-confidence, by meeting and living for few weeks with people from all over the world with different cultural and social background and doing a voluntary work.

Specifically in our workcamps, the cultural exchange is also palpable in the kitchen ; cooking is a very important part of our cultural expression and a way of creating links between people. The choices made around what we eat, how we cook it and dispose of it are an act of citizenship and they have an impact on our lives, as well as on those of the people around us and on the planet.

Since its creation, Concordia has gradually expanded its area of action and its links with local and international associations to promote active citizenship and popular education to face the challenges to come. Through our projects, we create a network of citizens motivated to transform the society by acting in different and conscious ways and at different levels.

This is why this Training Course comes from our wish to mix intercultural exchanges with the topic of sustainability and food in order to raise awareness and promote action among young people.

We would like to involve in the project youth workers or bénévoles from several international organizations motivated to tackle these subjects, eager to share and discuss their experiences and points of view and motivated to gain new skills in this sphere. Together we can do small acts for a better future, and what a better way than to do it around cooking and popular education!

We had already successfully organised a first edition of the EAT Training course in June 2022, and we want to organise a second edition in 2023, to continue training European youth workers on these topics.

PROJECT DESCRIPTION

Main topic :

- Food and sustainability : the main aim is to educate the youth workers about the issues surrounding the topics of food and sustainability in order to raise awareness and promote action among young people.

The participants will :

- Learn about current local and global issues related to food and sustainability ;
- Exchange experiences and meet local initiatives engaged on the topic ;
- Develop intercultural awareness, interpersonal communication and active citizenship competences.

The course will explore the concept of sustainability within the processes of production, purchase, consumption and disposal of food. The workshops proposed will focus on different methods, issues, challenges and solutions at local, national and international level.

The training course is an opportunity for the participants to share their experiences related to the topic. They will also discover other realities by visiting local NGOs active in welcoming the migrants in this region, close to the Italian border, and meeting professionals in the surroundings of Serre-Chevalier. It will allow them to practise intercultural dialogue and develop critical thinking, but also, thanks to the peer-learning method and testimonies from professionals, to exchange ideas, points of views and elaborate personal and group reflection.

By the end of the project the participants will have created some activity tools/guides that will comprehend the best practices and the most relevant findings learned and developed during the project. This final products will serve for all the organisations that want to integrate new activities and methodologies, or improve their current ones, concerning the topics of food and sustainability within their work.





METHODOLOGY

The methodology (non-formal education, meetings with professionals, discussions, simulation games) and the structure of the training course will encourage an active involvement of each participant in order to develop competences and new tools for personal and social development. Non-formal education tools will be used to create a friendly and caring atmosphere, considering each participant in his or her diversity, personality and culture, so that each person can feel free to express him(her)self, share his or her experiences, teach and learn from the others. Participants will be encouraged to be responsible for their learning process and outcomes.

The methodology will include interactive activities that will allow to go deeper into the subject along with active involvement of each participant into the process of creating tools/guides together.

FINANCIAL CONDITIONS

All the costs for food and accommodation as well as the program costs will be covered by the organizers.

The travel costs return to Serre-Chevalier will be covered within the following limits depending on the departure country (based on the European Union distance calculator) :

Amount
For travel distances between 100 and 499 KM: 180 EUR per participant
For travel distances between 500 and 1999 KM: 275 EUR per participant
For travel distances between 2000 and 2999 KM: 360 EUR per participant
For travel distances between 3000 and 3999 KM: 530 EUR per participant
For travel distances between 4000 and 7999 KM: 820 EUR per participant
For travel distances of 8000 KM or more: 1100 EUR per participant

Please note that the process of reimbursement will be carried out directly with the applicant organizations and not with the individual participants, after receiving all the tickets and payment proofs. This process should take about 3 months after the training.

DEADLINE FOR APPLICATIONS:

15th of May 2023

The detailed infopack including the preliminary planning, the logistical details and the travel tips will be sent to the chosen participants after the selection

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